



ACPOPC

Summer Newsletter 2023

Message from the Chair



Dear ACPOPC members

Welcome to the ACPOPC Newsletter. Its been another busy few months for the committee. We were really pleased to see a full and enthusiastic room at our conference in May.

Feedback from the event has really highlighted how much you valued networking with your colleagues as well as the teaching sessions. We are planning ahead for our 2024 conference and as soon as we have details of this we will let you know. We also hope to do some more webinars in the coming months.

An important inquiry has just been launched by the government into NHS & government funding for Hospices. ACPOPC will be submitting evidence to the inquiry and we are really keen to hear from you to ensure our submission is representative of the huge range of funding models that are out there.

I'd particularly like to hear if you know of any hospices who have no AHPs and whether a lack of funding is the reason for this. I am happy to speak to people to gain the information needed, no report writing needed!

Please see below for details and get in touch, the deadline is 1st September so please contact me ASAP so we can arrange a time to chat.

As always, any queries, questions, thoughts or ideas for ACPOPC, please get in touch and we will do our best to help.

Kind regards,

Emily Stowe

Chair of the Association of Chartered Physiotherapists in Oncology and Palliative Care (ACPOPC)
Please note new email address (chair@acpopc.co.uk)



New Committee Members

The ACPOPC committee have had some changes with some new members joining, some changing roles and some taking some leave.

The new committee is as follows:

- Chair - Emily Stowe
- Secretary - Sally Davis
- Membership Secretary - Catherine Neck (acting maternity cover for Hanni Easton)
- Public Relations Officer - Catherine Neck
- Finance - Cathy Sandsund
- Education/ Study Days - Jo Fairhurst & Natasha Richardson
- NICE - Rob Vincent
- Regional Rep Liaison - Lucy Thornton
- Journal Editor - Emily Stowe (acting maternity cover for Shana Hall)
- Member without portfolio - Carol Keen

If anyone is interested in joining the committee please do get in touch by contacting Emily on chair@acpopc.co.uk. We welcome new faces to bring fresh ideas and to spread the work involved.

ACPOPC 2023 Conference

ACPOPC held their first face-to-face event since the pandemic on 18th May at Birmingham FC. 47 delegates attended from across the UK with 6 regional reps along with the majority of the ACPOPC committee.

Conference topics included MDT working in palliative care, 5K Your Way (Move More Charity), ACCEND and Trekstock.

There was a member networking session aimed at bringing together regional colleagues to understand how ACPOPC and the regional networks can better support members.

Feedback from the conference has been received and we are currently analysing this to enable ACPOPC to listen and respond accordingly to our members.

New ACPOPC Website now live

ACPOPC were delighted to launch the new website at the conference in May. It has been a long time in the offing but perseverance has paid off and we are now up and running.

The new website address is <https://acpopc.co.uk>

Members should have received an email from us providing a password to access the member-only areas of the website. Please let us know if you haven't received this by contacting info@acpopc.co.uk.

A number of email addresses for members were not operational so we had to try alternative means of contacting them. Please do let us know if you require your contact details updating or have changed region so we can keep our records up to date.

Unfortunately if you change your details with the CSP this information is not passed onto us hence why we really need to hear from you if you need any contact or region details changing.



Notices

Advanced Practice Credential Release: Palliative and End-of-Life Care

The Health Education England (HEE) Centre for Advancing Practice has published the credential for [Palliative and end-of-life care](#).

Credentials are national blueprint documents intended for higher education institutions (HEIs) for use in their design and delivery of advanced practice. They can also be delivered by HEIs for take-up by practitioners who have successfully completed an advanced practice MSc or an educational equivalent.

All Party Parliamentary Group inquiry into hospice funding

ACPOPC are seeking responses from members to submit a response to this APPG inquiry.

It will examine what government and NHS funding, from national and local sources, is getting to hospices, what challenges there are with this current system and what needs to be done to ensure government funding is playing its necessary role in providing a sustainable long-term funding solution for hospices.

The APPG welcomes submissions of evidence to this inquiry from as wide a range of organisations and respondents as possible. This includes but is not limited to:

1. Integrated Care Boards and Partnerships
2. Hospices
3. Individuals with lived experience of receiving or delivering palliative and end of life care
4. National charities and organisations with perspectives on government funding for hospices

The deadline to submit evidence to this inquiry is 1st September 2023. The details of the call for evidence, including it's questions, and further background on the inquiry can be found [here on the Hospice UK website](#). Please do feel free to share this inquiry with any contacts that may also be interested.

Please can responses be sent to **Emily - chair@acpopc.co.uk by Friday 18th August.**

PhD Study seeking participants - Developing a Prehab Intevention in Upper GI Surgery

Oxford Brookes University are recruiting patient representatives, clinicians and researchers for an online consensus group study to develop a prehab intervention as part of a PhD research project.

Participation involves completing an anonymous questionnaire and attending an online group workshop.

For more information please complete the [online form](#)

University Ethics Number: UREC - 231701

Pancreatic Cancer UK - Health Professional Support and information Bulletin

This [bulletin](#) goes out once a month to highlight all the free resources the charity offers to health professionals supporting people with pancreatic cancer.

Sign up to hear about upcoming events, training and information for health professionals as well as the additional support which can be offered to patients at every stage of their journey.

CSP Charitable Trust

The CSP Charitable Trust (CSPCT) provides funding for research projects, for both novice and inexperienced researchers, and support for a range of professional development activities.

The CSPCT is seeking to recruit a number of new Trustees from both amongst the CSP membership, as well as Lay Trustees who are not from the physiotherapy profession. All applications should be submitted to CSPCT@csp.org.uk. Deadline is 5pm on 14th August.

To view details of the awards offered by the Trust please click on the [link](#).

Resources

UKONS Acute Oncology Initial Management Guidelines

UKONS have developed these guidelines to support the management of adult patients who have a cancer diagnosis and present as an emergency or unplanned admission with a complication of their disease or cancer treatment.

To view the guidelines please click on the [link](#).

ACCEND Cancer Hub and Launch: eLearning modules now available

NHS England's e-learning for healthcare and the ACCEND Workforce Education and training team have developed a new cancer workforce education and training hub to support the Aspirant Cancer Career and Education Development programme (ACCEND).

The [ACCEND cancer hub](#) will be a one stop shop for the cancer workforce who support people with a lived experience of cancer. The hub provides resources, information, and education and training to support skills and capability building as well as career pathways.

Phase 1 of the launch of the ACCEND cancer hub features 9 eLearning modules called 'Foundations of Cancer Care' specifically aimed at the pre-registration workforce.

Phase 2 will look to enhance these existing toolkits and incorporate further resources based on user feedback following launch.

ACCEND will also be developing content for the registered, enhanced and advanced levels of practice as well as, leadership and consultant level.

Introduction to Advance and Anticipatory Care Planning (ACP): Free e-learning course

This is a free e-learning course from Macmillan. It consists of 6 modules that provide the learner with an introduction on why ACP is important, an overview of ACP across the four nations, the benefits of ACP, the ACP process which includes identifying trigger points throughout a cancer journey for important conversations and some communication skills that support this process.

There are a range of videos and resources to support further learning including an example of how an ACP conversation develops between a patient and a professional. This resource helps raise professional awareness regarding the benefits of ACP, encourages professionals to think about how they can support ACP within their roles and promotes a shift towards viewing ACP as something for all cancer care professionals.

To access the resource please click on the [link](#)

Cancer Community of Practice Webinars

The Cancer Community of Practice has been set up for Allied Health Professionals, primary care and community nurses, cancer specialist nurses and those with an interest in cancer. They hold webinars on relevant subjects and the next ones are below:

- Delirium, cognitive impairment and dementia in cancer - 13th September 12.30 - 14.00
- Barriers to cancer screening for LGBTIQ+ Communities - 15th November 12.30 - 14.00

For details about this webinar, to access presentations from previous webinars and for more about the [Cancer Community of Practice](#) please click on the link.

Recent Publications:

- [Integrated Short-term Palliative Rehabilitation to improve quality of life and equitable care access in incurable cancer](#) (INSPIRE) *Palliative Care and Social Practice* - Bayly et al (June 2023)
- [Patient Experiences of a Telehealth Multidisciplinary Cancer Rehabilitation Programme: Qualitative Findings from the ReStOre@Home Feasibility Study](#) *European Journal of Cancer Care* - O'Brien et al (July 2023)
- [Meditative movement for breathlessness in advanced COPD or cancer: a systematic review and meta-analysis](#) - *European Respiratory Review* - Nolan et al (June 2023)

NICE Updates

Guideline on Oesophago-gastric cancer: assessment and management in adults

This final [guideline](#) has now been published on the NICE website, along with the supporting evidence, tools and resources, and stakeholder comments.

Recruitment to join NICE breast cancer expert faculty

NICE are recruiting for committee members to join the breast cancer expert faculty. They are specifically requesting physiotherapists apply but have listed lymphoedema experts.

Further information can be found on the NICE [website](#) and the deadline for applications is 5pm on Friday 1st September 2023

Guideline on reducing arm and shoulder mobility problems after breast cancer surgery or radiotherapy for 'early and locally advanced breast cancer'

The final [guideline](#) has been published on the NICE website and is very relevant to our members.

The guideline includes recommendations for research and the supporting information, tool and resources. Stakeholder comments are also able to be viewed.

Regional Update

East Anglia

On Saturday June the 17th we held a training day at Bury Physio Clinic - thank you to Anna and Hayley at Bury Physio for hosting us. The feedback forms indicated that the venue was a success, so we are likely to try and hold more events here in the future.

The morning session, on exercise in oncology, gave us a great mixture of up to date theory and practical. There was lots of time to ask questions and discuss particular clients. The feedback from attendees was very positive.

The afternoon session, on acupuncture in oncology, again was well received enabling attendees to feel more confident in offering acupuncture within the oncology and palliative care setting.

I propose to hold an teams or zoom meeting in Sept / Oct one evening to offer some peer support and also have a talk, possibly an intro/update on immunotherapy. If you are in East Anglia, please get in touch for details.

Kind regards

Angela Jiggins,
East Anglia Regional Rep

ACPOPC Regional Representatives

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Dates for the Diary

- 14th & 15th September 2023: [3rd International Conference on Physiotherapy in Oncology](#) - Amsterdam
- 20th September: [Cancer Rehabilitation study day](#) - Christie School of Oncology (Virtual)
- 5th October: [Brain Metastases Study Day](#) - Christie School of Oncology
- 6th - 8th November: [Hospice UK 2023 Conference](#) - Liverpool & Online
- 6th October: [National Cancer Survivorship Summit](#) - (Virtual)
- [CSP Annual Conference 2023](#): 24th October - Students (London) 26th October - Wales (Cardiff); 1st November - England (Birmingham); 7th November - Northern Ireland (Belfast); 10th November - Scotland (Glasgow)

If you have anything to include in future newsletters please contact Catherine Neck, ACPOPC PRO (Catherine.neck@nhs.net). Updates from courses, upcoming events, regional updates, resources always welcome.

If you have any articles for submission to our ACPOPC journal please contact our acting Research Editor Emily Stowe (Chair@acpopc.co.uk)