

**Association of Chartered Physiotherapists in  
Oncology and Palliative Care  
Research Directory – Issue 5: Summer 2019**

Welcome to the fifth edition of the ACPOPC research directory. Each year we collate a list of recent research publications that are relevant to physiotherapy in oncology and palliative care. There is an ever increasing number of publications relevant for increasing our knowledge of the conditions we assist people to live with as well as studies of new or adapted interventions that may be useful for considering during your service development work.

We would recommend that you read these articles critically and consider their application to your practice. These articles have not been critically reviewed by the ACPOPC Committee. For guidance on critical review of articles click this link for the [CSP's guidance](#). The articles have been divided into sections to help members find those most relevant to them. A clickable link to each article's abstract is at the end of the citation, those with free full texts are labelled with [Open Access](#) hyperlinks. If you require access to an article which does not provide free content do contact the research officer, as we may be able to source it for you. You may find it helpful to pick some of the articles for journal clubs, either with other therapists at your place of work or your ACPOPC regional network.

It is really inspiring to see even more ACPOPC members listed as co-authors on a great number of the publications listed this year. Well done to everyone on sharing their work! If anyone has work that you would like to share with members, please consider submitting an article to the ACPOPC journal, you can find [guidance](#) on our website. If you would like to know more or discuss your potential contribution, please do get in touch with the research officer.

Finally, these research directories are a pleasure to produce but do take considerable effort, so it would be amazing to hear your feedback on how useful members feel this resource is or suggestions on how it could be changed or improved.

Please do share with us how you use the list or offer any feedback by emailing or tweeting us @ACPOPC.

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**General Palliative Care**

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### **Exercise in Palliative Care**

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### **General Non-specific or Multi-site Cancer**

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O'Connor D, Caulfield B. The application of neuromuscular electrical stimulation (NMES) in cancer rehabilitation: current prescription, pitfalls, and future directions. *Support Care Cancer*. 2018 Nov;26(11):3661-3663. [Abstract](#)

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### **Exercise in Non-specific or Multi-site Cancer**

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### **Breast Cancer**

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### **Lymphoedema**

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### **Lung Cancer**

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### **Gastrointestinal Cancer**

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